

LET'S RUN!

Messe Wien is right next to the Prater recreational park, a haven in Vienna for runners and a popular magnet for all joggers. It's a quiet and verdant car-free area with routes for all fitness and ambition levels. Even at dusk, the main leafy

avenue is a great place to run off the tension of a tough day. In fact, we can recommend exciting and pleasant runs for every type of jogger in and around the Prater. So, what are you waiting for? Let's run!

WE RECOMMEND THESE ROUTES:

Route 1: Prater – Meierei: Green marking

Distance: 11.6 km

A picturesque run route through the greenest and most pleasant part of Vienna, the Prater park.

Route 2: Prater – Meierei: Blue marking

Distance: 8.5 km

Straight to Vienna's Lusthaus down the main avenue and back through the Prater park.

Route 3: Prater – Meierei: Red marking

Distance: 7.6 km

The classic: Down the main avenue to the Lusthaus and back again.

Route 4: Prater – Meierei: Yellow marking

Distance: 4.5 km

Ideal for beginners seeking a relaxed jog or a pleasant run between appointments.

Route 5: Around the city

Distance: 11.2 km

A pleasant run from the Fasanviertel district via Belvedere, the Stadtpark and the Danube canal, on to the Prater park. Then along the main 'Hauptallee' avenue, down the stadium avenue and Schlachthausgasse, then back to Fasanviertel.

Route 6: Prater, the city & Danube Island

Distance: 18.6 km

Water is a constant companion on an extensive route that takes runners to the Danube Island, along the 'Wien' river and back to the Prater.

Route 7: Reichsbrücke: Green marking

Distance: 9 km

A very scenic run with slight rises and great surfaces underfoot.

Tip: Take the U2 underground train to Praterstern and change to take the U1 one stop further to the Danube Island to start your run from Reichsbrücke bridge.

Route 8: Reichsbrücke: Yellow marking

Distance: 6.3 km

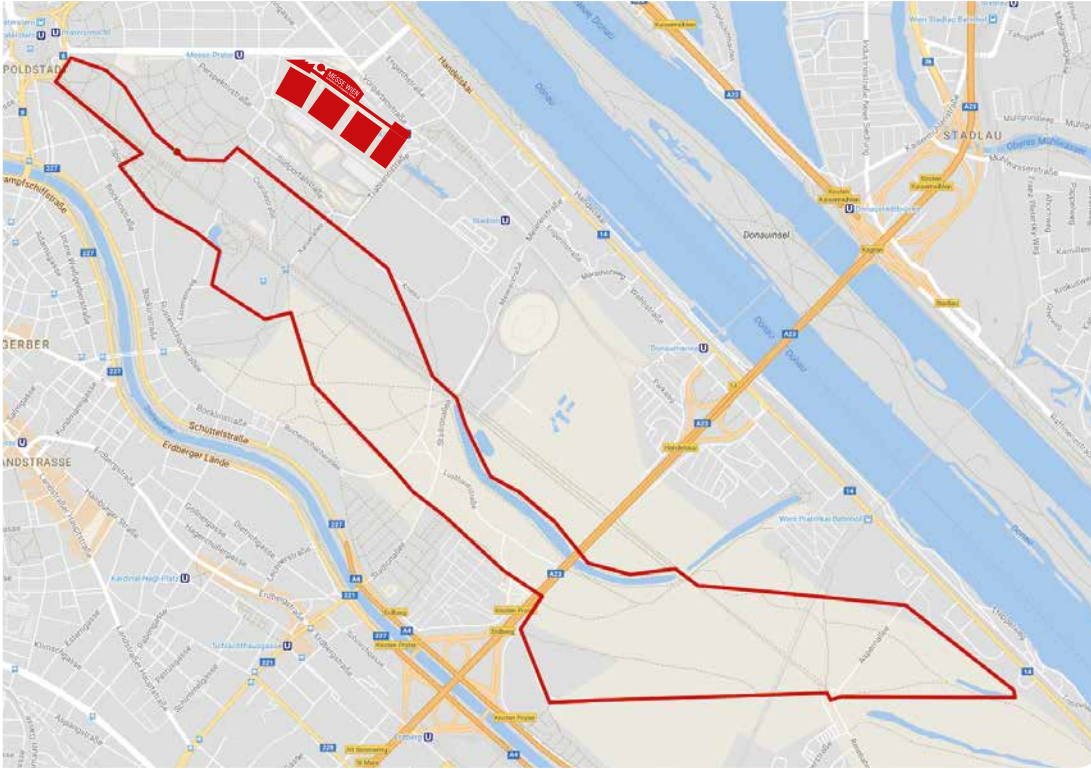
A shorter version of route 7 to run alongside water all the way.

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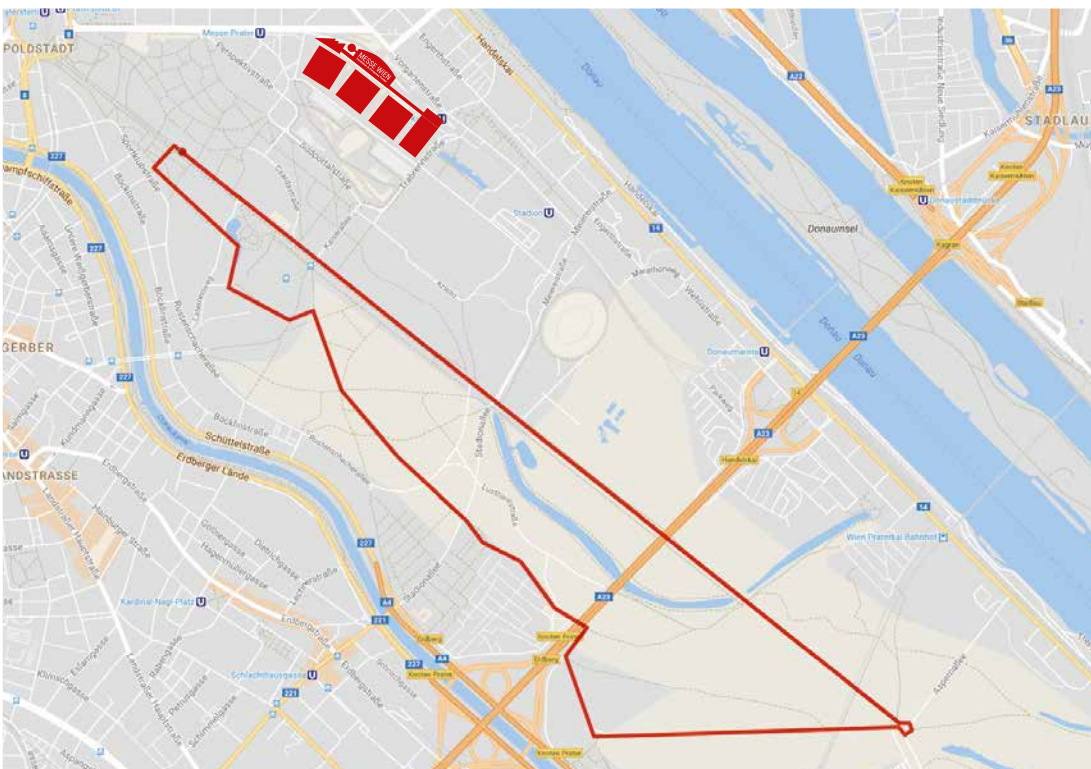
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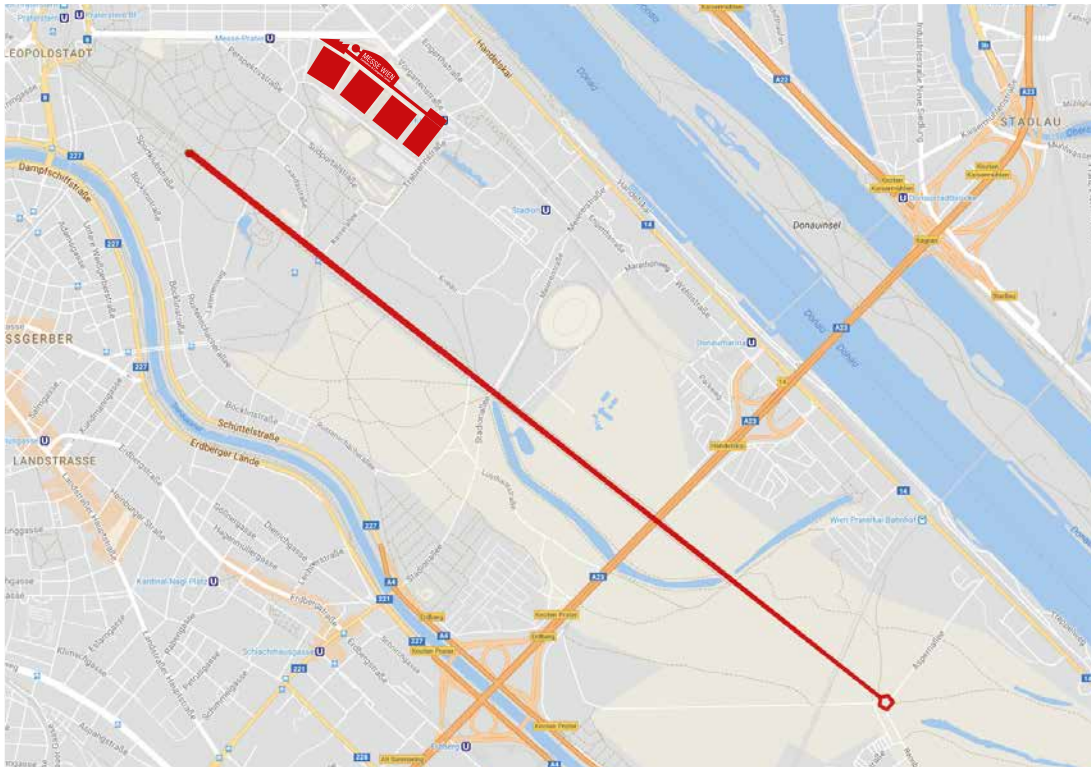
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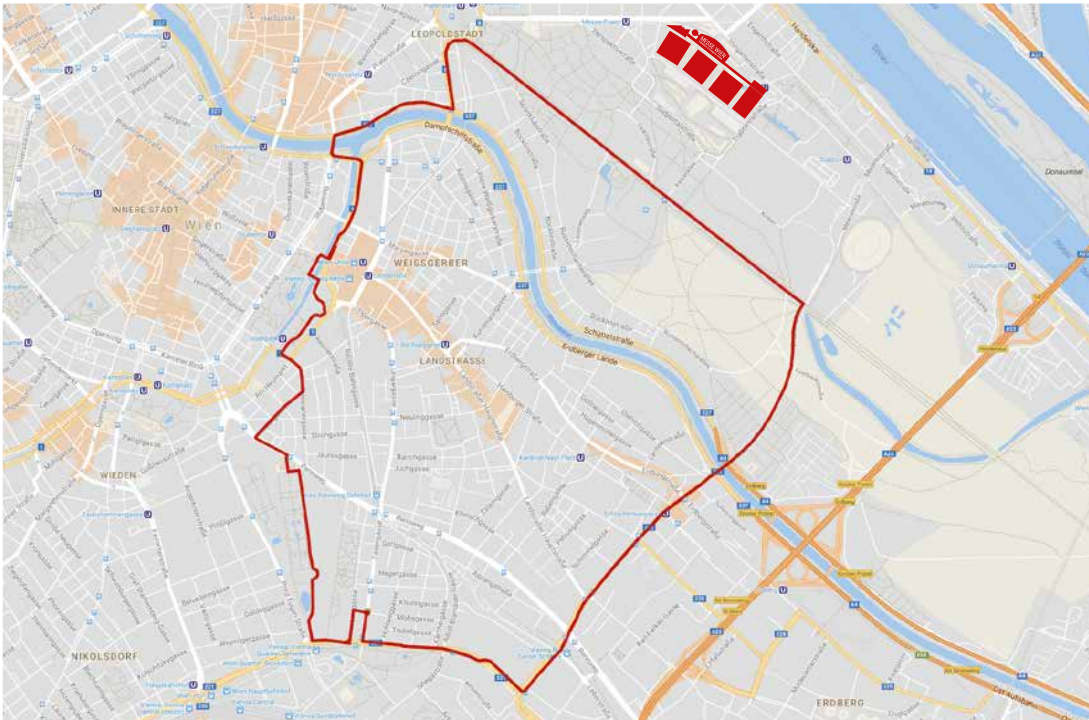
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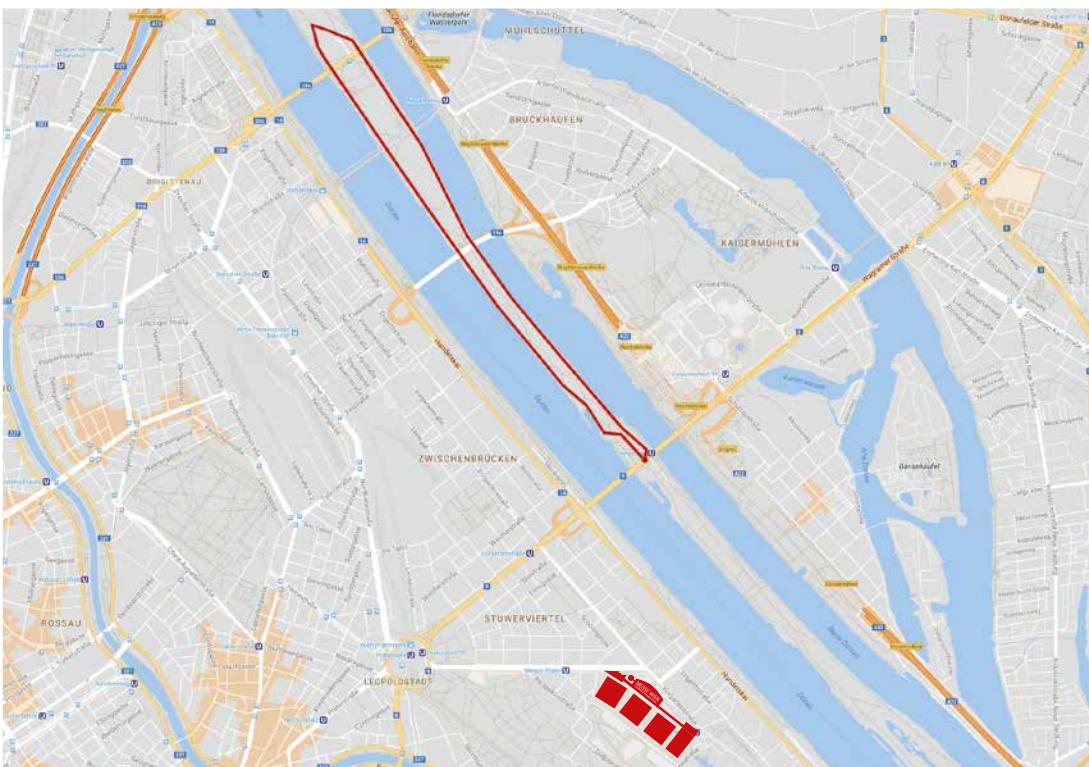
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